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Principal: A. Yam

Head Teacher: T. McCreesh

Secretary: S. Wong

School Trustee: R. Burton

September 20, 2016

Bulletin #1

Welcome Back!

Dear Families,

Welcome back to a new year of learning and growing together. I hope everybody had a wonderful, relaxing summer break! We are all excited about the start of the school year. With new staff, students and parents adding to the rich tradition, dedication and caring in the École Cascade Heights community, we look forward to a year filled with many opportunities to share together as we work to create a strong community of learners.

With every September comes an opportunity to reflect on last year and set new goals and challenges for the coming year to help make our school and the students' educational experience meaningful and fulfilling.

At École Cascade Heights we always strive to keep the lines of communication open. If questions or problems arise, please contact the school for assistance or clarification.

Anthony Yam

Principal

"The beginning is the most important part of the work."

- Plato



Bell Schedule

Reminder to parents that the warning bell is now at 8:51 a.m., classes will begin at 8:56 a.m. and school ends at 3:04 p.m.

Rainy Days (Recess/Lunch)

Students should expect to go outside even if it is raining. Students are expected to dress for the weather. For younger students we strongly encourage students to pack an extra set of clothes to leave in the classroom.

Fresh air and exercise is good for the brain.



Strong Start – started on Monday, September 12th



The Strong Start Program reopened on Monday, September 12, 2016 and will operate between the hours of 9:00 a.m.–12:00 p.m. in Room 4 for parents, grandparents and caregivers with children aged birth to 5 years old.

Cascade Heights Mission Statement

Cascade Heights School is committed to providing an environment where learners can develop their individual potential through acquiring knowledge, skills, and attitudes that promote adaptation in a rapidly changing social and technological world. Students will be empowered to be independent and self-sufficient with the ability to think critically, to communicate effectively, to live life healthfully, to cooperate socially, and to value life-long learning.

Class Organization

Parents and children often ask about how classes are put together to start the school year. It is quite an extensive process, requiring time, thought and discussion. We have a tremendous group of teachers and education assistants at Cascade Heights. You can be assured that your child is receiving an excellent learning experience here in all classes.

Class Organization FAQs (frequently asked questions)

Below are some commonly asked questions about class organization.

How are children placed in classrooms?

Classroom teachers, LSS/ELL teachers, education assistants and the school principal put a great deal of thought into organizing classes that will provide nurturing, productive learning environments. A number of criteria are considered such as: academic needs, maturity, attitude, behaviour, friendships, and leadership qualities. We also try to balance the number of boys and girls. With these guidelines in mind, children are grouped into classes. We strive for balanced classes at every grade level.



Combined classes – will my child learn grade appropriate skills and content?

All classes, whether single grade or multi-grade, include children with a wide range of skills, knowledge, interests, learning styles, and personalities. Their needs and abilities and the curriculum expectations for their grade determine the program for the year. Please feel free to talk to your child's teacher about grade appropriate curriculum or visit <https://curriculum.gov.bc.ca/curriculum>

My child is a grade 3 student in a grade 2/3 class. Does this mean s/he is in a “lower” group?

The most common misconception that persists about combined classes is that a child's placement in the lower grade indicates superior academic abilities while a placement in the upper grade suggests weaker ability. This is not the case. Teachers use their expert knowledge of grade level curriculum and their understanding of each child's strengths and challenge areas to ensure all learners move forward along a continuum of learning. This is the art and science of teaching.

Online Payment Option

You are once again able to pay for school fees such as Hot Lunch, Young Peoples Concert, planners, and field trips on line. Please note that there is no cost to you or the school for this service. In order to use this new system you will need to register. If you used the online system last year, you and your child are still registered and will be able to continue to use the system. Please follow the instructions below to register:

1. Visit <https://burnaby.schoolcashionline.com>
2. Register by selecting “Get Started Today” and follow the steps
3. You will receive a confirmation email. Select the 'click here' option, sign in and add your child/children to your household account

For more detailed information on how to register, please go to the school website <http://cascade.sd41.bc.ca/> and click the [How to Register](#) button.

When to Keep Your Sick Child Home

For the protection of your child, as well as other children, keep your child home if he/she:

- Has a fever
- Is too sick to take part in all normal school activities
- Has a suspected or known communicable disease (ie strep throat, pink eye, chicken pox, or any other undiagnosed rash). Keep them home until they are no longer infectious.
- Please let the school know your child's symptoms



A Reminder to Parents of Children with Medical Concerns

If your child has serious allergies, (carries an EpiPen) medical concerns, (diabetes, asthma, seizures) or is required to take medication during school hours please be sure to come to the office and complete the required forms.

Head Lice

We would like to ask parents and guardians to be on the lookout for lice. Please check your child's hair regularly for lice or nits (eggs). If either is found, please advise the school ASAP so that we can advise the other parents in the class to be extra diligent. We will not pass on the names of any student who reported having lice. Please also start treatment immediately. If you have questions about head lice, you can call the School Age Health Team at the Burnaby Health Department, phone number 604-918-7605.

Safety Reminders

These are a few of the practices we have in place at Cascade Heights:

1. All guests and visitors to the school must check in with the office to get a guest tag.
2. At recess and lunch, we have at least two adults watching the students play.
3. We lock exit doors that do not open into the frequently used areas in our school. At 3:30 p.m. all exit doors are locked.
4. Children are not permitted to play in front of the school or on parking areas during recess or lunch.
5. Children must have adult permission by letter in order to leave the school grounds at lunch (unless they are eating lunch at home). Children should not go to the store to buy lunch or snacks. Children may not leave the school grounds at all during recess.
6. We have a Call Back Program each morning to check on children who are absent and have not called in to report their absence to the school.
7. Children must be picked up promptly at 3:04 p.m. we do not have supervision after school.

Please talk with your children about how to be safe in our community to reinforce the messages that we are working on at school.

Burnaby Public Library's Fresh Start 2016

In celebration of our 60th anniversary, Burnaby Public Library want you to "Be Curious..." and start borrowing again! Here's an opportunity to have the overdue fines owing on your library account waived. Visit the service desk of any Burnaby Public Library branch between Monday, September 19 and Sunday, October 2, 2016, and we will waive the late fees currently owing on your library account, up to a maximum of \$100. This is a one-time special amnesty for fines accrued prior to September 19, and is only valid between September 19 and October 2, 2016.



October

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 9:00-3:00 Class Reviews School Wide Reading Club begins	4 12:00 – 12:20 Snack Bar	5 9:00-3:00 Class Reviews	6 9:00-3:00pm Div. 1,2,3 Dragon Boating 11-3:00 Div. 7 & 8 Eileen Dailly Pool	7 Grade 6 (AM Only) Immunizations Strong Start closed
10 Thanksgiving Day School Closed 	11 12:00 – 12:20 Snack Bar 7:00 PAC Meeting	12 Div. 2 in class scientist visit	13  9:30-3:00 Div. 16 & 17 Maplewood Farm	14 Movie Night 
17	18 12:00 – 12:20 Snack Bar	19 Div. 8,9,10 Stanley Park Ecology (All Day)	20 Gr. 7 Time to Shine 1-3 Div. 2 in class wildlife presentation Div. 9 Stanley Park	21 Pro-D Day School Closed
24	25 9:00 – 3:00 Div. 2 Vancouver Art Gallery 12:00 – 12:20 Snack Bar	26 Kindergarten and Grade 1 classes to Alder Acres Farm	27	28 1:00-2:15 Celebration of Learning
31 1:00 Halloween Parade Div 18 to visit old age home				

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